



Fig. 1. The congress venue, the Jumeirah Beach Hotel in Dubai.

Table 1. Invited International Faculty Speakers

Roger Khouri (United States)	Greg Evans (United States)
Sydney Coleman (United States)	Luiz Toledo (UAE)
Lee L. Q. Pu (United States)	Alexandra Conde-Green (United States)
Kotaro Yoshimura (Japan)	Brian Kinney (United States)
Patrick Tonnard (Belgium)	Norbert Pallua (Germany)
Ashok Gupta (India)	Gino Rigotti (Italy)
Paul Cederna (United States)	Peter Rubin (United States)
Facheng Li (China)	Guy Magalon (France)
Macro Klinger (Italy)	
Ali Majallal (France)	
Stefania de Fazio (Italy)	
Alessandra Marchi (Italy)	
Ricardo Mazzola (Italy)	
Amin Kalaaji (Norway)	

Dr. Toledo performed a technique he has been using for 32 years, a Brazilian Buttock Augmentation, aspirating fat from thighs and flanks, and injecting them into buttocks and trochanter areas. There was obviously discussion about the safety of this technique, and he showed step-by-step how this procedure has been performed safely all these years (Figs. 3, 4).

THE BASIC PRINCIPLES OF REGENERATIVE SURGERY

Topics on biology of fat grafting, SVF & ADSC; maximizing & understanding the results were presented on the first afternoon day of the congress. The congress started with the lecture of Prof. Riccardo Mazzola, from Milan, “The Fascinating History of Fat Grafting. From Ram Fat to Stem Cells,” which set the tone for the meeting, giving us a good perspective of where we are now with fat research? Then, Dr. Lee L. Q. Pu, from the United States, talked about “What do we know now about Regenerative Plastic Surgery?” One of the most respected fat grafting researchers, Dr. Kotaro Yoshimura, from Tokyo, explained the “Biology of Adipose Tissue: How Can We Process it for Regenerative Surgery.”

Obviously, in this importance congress, we had to talk about “**Stromal Vascular Fraction: Enzymatic Digestion, Mechanical Dissociation & Storage of Harvested Fat & SVF.**” Therefore, Greg Evans, from the United States, explained “Nanofat Derived Stromal Vascular Fraction Reveals Improved Progenitor Subpopulations.”

Dr. Evans, as a representative of ASPS at our congress, wanted to have a meeting with the EPSS Board to strengthen the relationship between the 2 societies. Such a meeting was organized during the meeting, and we will soon see more collaboration between our groups (Fig. 5).

Dr. Brian Kinney, from Los Angeles, talked about “Aesthetic Technology, Fillers and Fat Grafting – How Do Stem Cells Fit In.” Dr. Guy Magalon, from Marseille, the city that hosted our brilliant 2016 congress, showed “Stromal Vascular Fraction, Preparation, Composition, Quality Controls, Indications.” After the break, we had the always innovative Dr. Alexandra Condé – Green, now from the United States, explaining the “Shift Towards Mechanical Isolation of Adipose-Derived Stromal Vascular Fraction.” Dr. Sydney Coleman, from New York, one of the founders and new president of ISPRES, explained the relationship between the “Extracellular Adipose Matrix and Growth Factor.” Dr. Ali Mojallal, from Lyon, showed the “Mechanical Dissociation of SVF.”

The last session of the first day focused on main implications of “**Acute, Subacute & Chronic Conditions Treated with Fat Grafting and/or SVF - Safety and Regulations.**” Dr. Kotaro Yoshimura explained “Does Radiation Affect Adipose Tissue and Stem Cells? How Can We Treat Radiated Tissue? Dr. Paul Cederna, from University of Michigan, presented an interesting topic on Fat Grafting to Enhance Peripheral Nerve Regeneration. Dr. Gino Rigotti, from Italy, the past-president of ISPRES, demonstrated an important study on “The Damage from Radiation Therapy and Fat: Biology and Results.” Greg Evans described “Stress-Dependent Up-



Fig. 2. A group picture of ISPRES Board Directors - From left standing: Luiz Toledo, Gino Rigotti, Lee Pu, Facheng Li, Paul Cederna, Ali Mojallal, Brian Kinney, Peter Rubin, Guy Magalon, Greg Evans and Steffania di Fazio. Sitting: Carol Lazier, Roger Khouri, Syd Coleman, Kotaro Yoshimura, and Riccardo Mazzola.



Fig. 3. Drs. Kotaro Yoshimura, Lee Pu, and Riccardo Mazzola in the operating room before the live surgery demonstration.



Fig. 4. Drs. Roger Khouri and Luiz Toledo during the Live Surgery demonstration

regulation of Stem Cell Markers and Populations for Processed Lipoaspirates.” Finally, Peter Rubin, from Pittsburgh, showed the “Immuno-Modulatory Effects of Adipose Stem Cells. “The audience was captivated by what, in another context, would seem like a dry choice of subjects, but they paid close attention and asked pertinent questions until the end of the first day.

CLINICAL APPLICATIONS OF REGENERATIVE SURGERY

On the second day, topics on fat grafting and/or SVF for treating scars of upper and lower limbs - problems and complications were presented. When Dr. Amin Kalaaji presented “Gluteal Augmentation with Fat: International Review of Highest Death Rate Ever in Aesthetic



Fig. 5. Dr. Greg Evans was meeting with the EPSS Board: From left to right, Dr. Luiz Toledo, Carol Lazier (from ASPS office), Dr. Greg Evans, Dr. Sabet Salahia, and Dr. Khalid Al Awadi.



Fig. 6. Dr. Bong-Sung Kim receiving the ICOPLAST Award for Young Surgeons from Dr. Roger Khouri, Dr. Stefania de Fazio, and Dr. Riccardo Mazzola.

Surgery: Study of 45 Cases and Review of Literature?” Shall we stop doing the procedure? There was much more discussions on this hot topic. The consensus was that we should keep reviewing the fatal cases and support all the committees that are studying the problem and trying to find a solution for patient safety. Patrick Tonnard, from Belgium, lectured on two of his favorite topics: “Update in Nanofat Grafting: What We have Learned, What We Still Do and What We’ve Changed” and “The Role of Mechanical Trauma in the Processing of Nanofat.” Dr. Ashok Gupta, from Mumbai, has won many international awards for his work on the victims of acid burn in India. He demonstrated the use of Autologous Fat Injections to Enhance Scar Maturation / Deformations In Severe Post-Burn Hypertrophic Scars and Skin Grafted Areas: A Long Term Follow Up.” Dr. Ali Mojalal’s presentation on “The Impact of Adipose Tissue and

ASCs on the Skin” brought to light the improvement on the skin of patients treated with fat grafting. Interestingly, the first person who mentioned this concept in the late 1980’s was Dr. Pierre Fournier, from Paris, who was developing a cream for patients based on their own fat. Now we understand why the skin quality becomes better after fat grafting. These new studies have provided more science into the old concepts. Dr. Peter Rubin has been doing fantastic work on U.S. war veterans who had amputations and needed to adapt their limbs to the new prosthesis. His work on “Fat Grafting and Adipose Stem Cell Therapy for Treating Amputation Sites” was innovative and much needed.

Another interesting session was dedicated to **Fat Grafting and/or SVF to the Head, Face and Neck**. Dr. Riccardo Mazzola showed a new application for fat, “Fat Injection to the Vocal Folds: Indications, Technique,



Fig. 7. The Burj Al Arab Hotel, a 7-star hotel near the Jumeirah Beach Hotel.

and Results.” In collaboration with a phono audiologist, the lecture contained before and after videos of patients with paralysis of vocal cord, being able to speak

normally after the treatment. Dr. Lee Pu explained in detail what he did on the live surgery with “Fat Grafting for Facial Rejuvenation and Contouring.” Dr. Brian Kinney showed his “Off the Shelf Adipo-Cellular Matrix Study Injection in the Temple” and Dr. Marco Klinger presented his favorable topic on “Fat Grafting in Face Contouring.” The last panel session was on platelet-rich plasma (PRP): Mixture with fat, SVF and hyaluronic acid. There is still much discussion about the effectiveness of the mixture of fat, PRP, and hyaluronic acid. Drs. Gino Rigotti showed “Skin Rejuvenation: Comparison of the Results Obtained with Lipoaspirate, Lipoaspirate Supplemented with PRP, Expanded Stem Cells, PRP Alone.” Drs. Valerio Cervelli and Pietro Gentile, from Italy, showed this combination improves fat grafting maintenance in breast reconstruction and reduces hair loss, and Dr. Guy Magalon lectured about the “Recommendations to Clinical Use of PRP.”

FREE-PAPERS

We received 63 submissions for free-papers, and the Scientific Committee chose only 22 for oral presentations. Riccardo Mazzola, Stefania de Fazio, Ali Mojallal, and Luiz Toledo formed the Committee. It was a very difficult choice because most papers were of high quality. There was a combined session of free-papers for young surgeons, organized by Dr. De Fazio, between IS-PRES and ICOPLAST, the International Confederation of Plastic Surgery Societies. Drs. Carlo M. Oranges, from Switzerland, Michelangelo Vestita and Aurora Almadori, from Italy were the runner-ups and Dr. Bong-Sung Kim, from Germany won the first prize with his paper entitled “Characterization of Stem Cells and Macrophages in Inflamed Fat Tissue and the Role of MIF Family Proteins in this Context” (Fig. 6).



Fig. 8. Dr. Luiz Toledo with several delegates from China. Being an international hub, the congress in Dubai attracted doctors from many continents.

SOCIAL ACTIVITIES

The faculty dinner was held at the terrace of the hotel, overlooking the Arabian Gulf and the emblematic Burj Al Arab hotel, a monument of modern architecture (Fig. 7). The congress itself also attracted many international attendees from almost all major continents. They enjoyed learning from world experts of fat grafting and getting to know them more through many nice conversations (Fig. 8).

The next ISPRES world congress will be held in Chicago, Ill., together with the annual ASPs meeting from September 28 to October 2, 2018. We are all looking forward to our future world congresses with excitement. Under the capable administrative support from ASPs, ISPRES, this new dynamic society with their primary focus on fat grafting and regenerative surgery, will lead this subspecialty of plastic surgery to the next level of excellence.

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